



DUNBOYNE CASTLE
HOTEL & SPA

BREAKFAST ALLERGENS

Buffet Continental Breakfast

Selection of Juices

Orange, Apple and Cranberry

Selection of Cereals

Muesli, Branflakes, Weetabix, Special K, Cornflakes, Rice Krispies, Porridge (Hot).

(contains 10, 11)

Bakery

Assorted Danish: Pain au Chocolate, Raisin Rolls, Croissants. White & Brown Toast. Selection of Bread Rolls.

(contains 1, 2, 10, 11)

Fruits & Yogurts

Assorted Fruit Yogurts, Natural Yogurts, Fresh Fruit Salad, Grapefruit Segments, Dried Fruits, Apples, Oranges, Bananas, Pineapple Wedges, Duo of Melon, Slices of Watermelon.

(contains 2)

Selection of Cheeses & Cold Meats

(contains 2)

Allergen Index

No.1	Eggs	No.8	Soya
No.2	Milk	No.9	Sulphur Dioxide
No.3	Shellfish	No.10	Nuts
No.4	Molluscs	No.11	Containing Gluten
No.5	Fish	No.12	Celery
No.6	Peanuts	No.13	Mustard
No.7	Sesame	No.14	Lupin



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Buffet Irish Breakfast

Scrambled Egg. Please ask you server for (Boiled, Fried, Poached Eggs). **(contains 1)**

Hash Browns. **(contains 1, 10, 11)**

Mushrooms.

Cured Irish Bacon.

Pork Sausages. **(contains 11)**

White & Black Pudding. **(contains 7, 10, 11)**

Grilled Tomatoes.

Beans.

Or How About? (on order)

Scrambled Eggs With Smoked Salmon. **(contains 1, 2, 3, 5)**

Grilled Kippers With Lemon Butter. **(contains 2, 3, 5)**

Pancakes With Golden Syrup & Fresh Berries. **(contains 1, 2, 11)**

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